

Breakfast

Thursday

9:00

Baked Omelet Roll Up

Bacon

Fresh Fruit

Roasted Potatoes

Granola

Oatmeal

Yogurt

Variety of Juices

Coffee

Apple Fritters

Dinner

Thursday

6:30

Veggie Plate

Fresh Fruit

Chopped Salad

Roast Chicken

with Balsamic Bell Peppers

Risotto

Roasted Cauliflower

Fresh Baked Bread

Carmel Apple Pie

Breakfast

Friday

8:00

Fluffy Scrambled Eggs

Sausage Links

Oregon Berry Pancakes

Mixed Fresh Fruit

Oatmeal

Yogurt

Granola

Assorted Juices

Coffee

Tea

Milk

Hot Chocolate

Lunch
Friday
Noon

Fresh Fruit

Loaded Baked Potato/Salad Bar

With

Sour Cream, Butter, Bacon, Green Onions, Peppers, Vegan Cheese, Vegan Butter, Pepper Jack, Cheddar, Blue Cheese, Feta, Parmesan, Olives, Broccoli, Carrots, Pepperoni, Prosciutto, Artichoke Hearts, Mushrooms, Pepperoncini, Anchovies, Salsa, Chili, Roasted Garlic, Peas, Celery, Fresh basil, Fresh oregano, Fresh dill, Fresh Cilantro, Pesto, Tomatoes, Hummus, Spinach, Pineapple, Beets, Crushed Red Pepper, Jalapenos, Barbecue Sauce, Nacho Sauce, Wild Caught Smoked Salmon

Deep Dark Brownies

Dinner
Friday
6:30

Veggie Plate

Spanakopita

Greek Salad

Pork Souvlaki

Orzo

Greek Caponata

Lemon Blueberry Icebox Cake

Breakfast
Saturday
8:00

Fluffy Scrambled Eggs

Link Sausage

Home Style Potatoes

Fresh Fruit

Granola

Oatmeal

Yogurt

Variety of Juices

Coffee

Banana Split Coffee Cake

LUNCH
Saturday
Noon

Fresh Veggies

Fresh Fruit

Pita Pocket Chicken Salad

Oven Potato Chips

Peanut Butter Cookies

Dinner

Saturday

6:30

Veggie Plate

Garden Salad

Chili-Lime Roasted Cod

Lemon Leek Brown Rice

Sautéed' Italian Green Beans

Warm Rolls

Pineapple Upside Down Cake

Breakfast

Sunday

7:30

Asparagus Omelets

Bacon

Fresh Fruit

Granola

Oatmeal

Yogurt

Variety of Juices

Coffee

Cinnamon Roll Cake